# ENHANCE YOUR CULINARY FLAVOURS



**ANTI-INFLAMMATORY** 

PROTECT AGAINST CHRONIC DISEASES

**REDUCE CELLULAR DAMAGE** 

Spices offer significant health benefits primarily due to their antioxidant and anti-inflammatory properties, which can help protect against chronic diseases and reduce cellular damage. Beyond their health advantages, spices enhance the flavor and appeal of dishes, improving the overall dining experience while reducing reliance on unhealthy fats and sugars for taste.

Price **718 - 4700/MT** 





#### **Dehydrated White Onions**

 Minced \$1799/MT Powder \$1477/MT Flakes \$1671/MT Fried Flakes \$1903/MT



#### **Dehydrated Red Onions**

 Minced \$1683/MT \$1362/MT Powder \$1556/MT Flakes • Fried Flakes \$1845/MT



## **Dehydrated Garlics**

 Minced \$1579/MT \$ 726/MT Powder Flakes \$1336/MT • Fried Flakes \$Pls. Check



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## WHOLE & POWDER SPICES



#### **Chilies**

S4 Dry Red Chili \$2353/MT
S17 Teja Dry Red Chili \$2758/MT
Red Chili Flakes \$2360/MT
Red Chili Powder \$1643/MT



### **Ginger & Black Pepper**

Dry Whole Ginger \$2673/MT
Dry Split Ginger \$2789/MT
Ginger Powder \$2278/MT
Black Pepper Powder \$4706/MT



#### **Turmeric & Bay Leaves**

• Turmeric Finger \$1743/MT

• Turmeric Powder (2.5%) \$1377/MT

• Turmeric Powder (3.5%) \$1631/MT

• Bay Leaves \$1052/MT



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#### **Cumin & Coriander**

•	Cumin Seeds	\$2390/MT
•	Cumin Powder	\$1816/MT
•	Coriander Seeds	\$1064/MT
•	Curry Powder	\$1238/MT



#### **Mustard & Sesame**

•	Black Brown Mustard	\$ 880/MT
•	Yellow Mustard	\$1330/MT
•	Natural Sesame	\$1434/MT
•	Hulled Sesame	\$1631/MT



#### **Other Seeds**

•	Chia Seeds	\$2	2822/MT
•	Castor Seeds	\$	934/MT
•	Fenugreek Seeds	\$	718/MT
•	Fennel Seeds	\$1	1030/MT



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